

ROE MAYBE OVER, BUT THE FIGHT ISN'T

MONTHLY YW CHAT



For the first time in 50 years, the Supreme Court said that a woman does not have control over her own body, and while not surprising, this ruling is undoubtedly frustrating. We must now take a moment to mourn this loss, but we must not allow our mourning to stop us from pushing forward! Now is the time to register to vote, engage with those around us in meaningful dialogue and ultimately exercise the most powerful tool we have at our disposal, **VOTING!**

YWCA Palm Beach County remains steadfast in our commitment to women's right to choose and will continue to vigorously advocate for the expansion of affordable healthcare, childcare, equal pay, and the many other areas that affect the everyday lives of hard working Floridians!


August 2022 Vol. 01

FOLLOW US:

For all the latest Information

 @YWCA_PBC

 @YWCAPBC

 @YWCAPBC

CEO Corner



One hundred five years ago, when YWCA Palm Beach County was founded, women did not have the right to vote in Florida, nor did they have control over their bodies in many cases. In many ways, we have made great strides toward equality and equity, but the reality is that in 2022, we have taken more steps back than forward! We have done so much work in the past 105 years; now, we look to the #Next105Years. I envision a future where women are paid equally, access to healthcare is for everyone, and we can come together as a community and embrace the diversity we all bring to the table! This work will not be easy, but it must be done, and I, along with all the Board of Directors and staff at YWCA Palm Beach County, are committed to this vision and to you!

#YWomensVote is YWCA's annual Get Out the Vote (GOTV) effort to mobilize women, people of color, and our communities to register to vote and participate in elections. We are committed to supporting and providing you with the resources and materials you need to do this work, and no effort is too big or too small! With so much at stake for our families and communities, women in America want, need, deserve, and demand action. This is your voice. Your vote. Your future.

Between federal, state, and local elections, there are nearly 7,000 seats up for grabs across the country in this year's Midterm elections on Tuesday, November 8, 2022. These elections will set the tone for our nation for years to come.

Women are leading the way to the polls in 2022.



**Scan To
Register To Vote**

Action Plan

STEP 1: REGISTER TO VOTE!

YWCA PBC is working hard to make registering to vote and encouraging others to register as easy as possible.

If you're already registered to vote, you'll need to check your voter registration to confirm it is still active. Make sure to update your registration if you've moved or your name has changed since you last voted.

STEP 2: GET TO KNOW THE ELECTION PROCESS IN YOUR STATE!

The 2022 Primary Election will be on August 23, 2022, and the General Election will be held on Tuesday, November 8, 2022, in Palm Beach County. You can still request your Vote-by-Mail Ballot until August 12, 2022, no later than 5 PM.

Tip: Make sure you're up to speed with the rules and requirements for your state (remember: they may have changed since the last time you voted)!

STEP 3: DEVELOP YOUR PLAN TO VOTE!

Will you be voting early? In-person? or by mail? On Election Day? If you're voting in person, do you know how you'll get there?

Tips: If you need help getting a ride to the polls, campaign offices in your neighborhood may be able to help! Consider adding reminders of upcoming deadlines to your calendar!

STEP 4: SPREAD THE WORD!

Share the GOTV tools and resources above with everyone you know digitally through social media, text, or email, and use the hashtag #YWomensVote to amplify your efforts!

Consider contacting your neighbors to share the tools above, joining phone or text banking efforts, or printing and posting the resources, like this flyer, in well-frequented places such as your local library, laundromats, or grocery stores — it's time to get creative!

Because together, we can help build political power in our communities and make sure women get to the polls and that our experiences and needs are valued, represented, and made a priority to those we elect to public office.

YWWOMEN VOTE PSA



YWCA IS ON A MISSION

PARTNER SPOTLIGHT



Bus One Charter Bus Company was established in 2010 in Palm Beach County and has grown to be the largest African American and Woman-owned charter bus company in South Florida and the second largest overall in Palm Beach County. YWCA Palm Beach County is grateful to have such a fantastic partner in action, and thank Bus One for their years of giving back and support! We look forward to many more years of collaboration!

MINORITY BUSINESS SPOTLIGHT



Dynamic Duo Physical Therapy LLC is a private clinic for outpatient physical and occupational therapy as well as wellness and fitness programs. Dr. Angela (Angie) Mason (DPT, OTR/L) and Dr. Tyre Patterson (DPT) are joint owners. They developed a sisterhood in college and had the expectation of becoming business partners. Over several years, they traveled around the country, setting up therapy platforms and operations for well-established practices while emphasizing a healthier and more active lifestyle. As a result, they started pursuing the idea of incorporation. Enthusiastically, their grand opening was held on May 14, 2022, in the West Palm Beach, Florida, area.

Our purpose is to serve with "Excellence, Integrity, Compassion, and Commitment." Both Doctors are committed to caring for their clients, building confidence, cultivating strong connections, and committed to a successful outcome.

Our vision is to be a leading force in the world of physical rehabilitation by providing specific driven therapeutic interventions, reducing pain, preventing injuries, improving wellness, enhancing the quality of life, and ultimately making you feel you again. Our main objective is to educate our clientele on how therapy can benefit everyone with; the reduction and elimination of pain, implement proper posture and body mechanic techniques, provide strengthening and stretching programs, review medications and suggest nutritional tweaks.

We believe that at Dynamic Duo PT, it is important to support minority businesses, especially in healthcare, because your concerns will be heard and addressed. You will not be overlooked, and you will be understood. It doesn't feel good to seek out medical attention, all to be ignored and not believed. Dynamic Duo PT team pride themselves on being the detectives of the musculoskeletal system to figure out the underlying cause of discomfort. If you are in need of physical and or occupational therapy, come by and see us.

EmpowerU

There is no limit to what we, as women, can accomplish.

MICHELLE OBAMA



Award # V20214127 from the Office of Victims of Crime Office of Justice



Register To Vote

Check Your Registration

Request you Vote-by-Mail Ballot

YWCA of Palm Beach County | 1016 North Dixie Highway, West Palm Beach, FL 33401

[Unsubscribe talpore@aol.com](mailto:unsubscribe@talpore@aol.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by sbaranov@ywcapbc.org in collaboration with



Try email marketing for free today!